Questions occur to everyone, daily, concerning observed individuals unwise behaviors: hoarding, infidelity, abuse in marriages, over-eating, shop-lifting, suicide, etc. Why do some adults pilot their lives on emotion. Why don’t they stop and think about their actions? because of a bad upbringing? How could that be a major cause? No parents were perfect. We are adults; we shrug off the past. We can reason better. Think ahead. And are mindful of the Golden Rule.

But emotions follow the rules of cause and effect, as in Nature. The effects of neglect--really a terrible rejection--subconsciously underlies adult decision making for decades. Childhood abuse is worse, causing adults to make unthoughtful life-endangering decisions, thus behaviors. Bullying in childhood will surface in college students under stress and may inspire suicide.

Life-long, negative effects of neglect and/or abuse have been repressed in American society for the sake of higher incomes with more consumer goods.

Therefor, 40 hours, or less, per week for working fathers, is vital for raising psychologically healthy children. They should be home when their children are present.

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